

## **Bolton u3a Newsletter**

#### **Chat from the Chair**

Hello friends!

I am very pleased to see that we have several new groups starting or continuing. Alison Dyson and Pauline Treuherz will now lead the Canal Walks group, Lizzie Bomber will lead a walking group and Dave Haythornthwaite a longer rambling group.

In Westhoughton we have a new coffee and chat group started by Helen Yeldon. See later in the newsletter for all the details.

New members, and older ones too, are invited to attend & observe any of the committee meetings we hold. Remember everyone in Bolton u3a is a volunteer and the committee is there to represent members' interests and develop the activities. So if you have a view on what you'd like to see at Bolton u3a, do come along or get in touch chairman@boltonu3a.org.uk

Finally, I hope you will join me for our monthly meeting on Friday 27<sup>th</sup> June when members of our Singing for Pleasure group led by Win Conway will perform a medley for us...and it's always good to meet up and chat.

'Til next time, Learn, laugh, live! Jeanne Kelly chairman@boltonu3a.org.uk

## Your help is needed!

The Beeline travel and Nordic walking groups are currently on hold because we don't have leaders for them. These have been popular activities and we would like them to continue. But, without someone to step forward and offer to help they cannot continue. If you feel that you are able to help run one of these groups, on your own or in partnership with another member, or would like further information about being a group leader, please contact Steve Brown steve492011@492011.hotmail.co.uk

#### Members' welfare

The committee wants to ensure that all members can access and enjoy our programme of activities. We are aware that some of you have issues with mobility, hearing or vision. If you feel that there is something that the branch could do to better support you, we would like to hear from you. Please contact Jeanne Kelly or Steve Brown.

#### **World War Two remembered**



On April 15<sup>th</sup> to celebrate the 80<sup>th</sup> anniversary of the ending of World War two, several members of our u3a, all over 85 years young, got together to share their experiences of life during the war. Some had grown up in London and experienced the Blitz, others had lived in the countryside and the war – apart from rationing – had meant little to them. Four main topics were discussed: family life, rationing, warmongering and evacuation. Their

conversations were videoed by member Ted Wisedale and the video will be found on the Events page on our website: <a href="https://boltonu3a.org.uk/Events/">https://boltonu3a.org.uk/Events/</a>
Rebecca Harris from Bolton University also recorded the session and then sent her video to all schools in Bolton to use for VE Day assemblies & celebrations, which several did, and to Bolton FM where it has been aired twice. Thank you to everyone involved for making this a memorable occasion and a most useful educational resource.

#### From Gillian Russell u3aNW chair.

Just a quick word to let you know about some events which are now available for booking. The links to the sign up forms are on the Events page of the NW website. **Visit from the National Chair.** Allan Walmesley will be coming to Liverpool on May 16th and would like to take the opportunity to meet with NW members. A room has been booked at the Quaker Meeting House in Liverpool from 1300-1600. Allan will join us from 1330-1530. Refreshments will be available part way through the meeting. Up to 40 places will be available.

**Manchester Geological Institution** are offering a free event to u3a members in Manchester. Provisional details are on the website. The form is not a booking form, it is an expression of interest to show that there will be enough people to make the event viable but if you enter your name, you will be automatically given a place to attend if the event takes place.

https://northwestregion.u3asite.uk/u3a\_events/manchester-geographical-society-geology-day/

#### **Visit to Houses of Parliament**



In April, Tony Settle, History group leader, organised a wonderful trip for several members to the Houses of Parliament in London.

An excellent guide showed us around, and answered all our questions, about Westminster Hall, the House of Lords and House of Commons before we met up with Phil Brickell, one of the 3 Bolton MPs. Thanks go to Tony for putting together a most enjoyable day.

#### Flat Green Bowls

Following on from the recent taster sessions offered by the Bolton FG Bowling Club, our member Paul Wilcocks and Graham, one of their trainers, gave a brief presentation at the Olympus Coffee and Chat meeting on Tuesday 6 May. Graham stressed the health benefits of this activity, even for people with mobility issues. The club would welcome anyone interested in having a go, to drop in at the club on Monday evenings from 6.0pm, or Thursdays or Saturdays from 1.0pm. If you would like more information please contact Paul u3abolton@hotmail.co.uk

#### Les Miserables

Victoria Halls is hosting a concert on Saturday 5th July at 1900 of songs from Les Miserables. The performance is by the Eden Singers of Astley Bridge, of whom Steve Brown is a member. Tickets are £7 and available from the box office (0333 666 4466) or on line at victoriahallsbolton.co.uk

Bolton U3A

Reg Charity 1140495

### **University of Oxford research project**

A study into the health and wellbeing of adults who grew up in foster or residential care. Research has shown that care-experienced adults face a greater risk of negative health outcomes compared to the general population.

Researchers at the University of Oxford are holding focus groups to understand the health and wellbeing concerns of older care experienced adults, and explore the types of support they would like to receive from health and social care services.

If you, or someone you know, would like to learn more, please contact Jono Taylor at Jonathan. Taylor@ndph.ox.ac.uk

#### **INTEREST GROUP MEETINGS AND ACTIVITIES IN JUNE 2025**

#### ARTS AND CRAFT: SERENA JOHNSON

Please contact u3abolton@hotmail.co.uk FAO Serena for details of forthcoming meetings.

#### BRIDGE GROUP: TONY SETTLE tony.settle@hotmail.com

The group meets every Wednesday from 1315–1530 at St Andrew & St George Church. New players welcome - some interest in cards is useful, we will help with the rest.

# CANAL WALKS: u3abolton@hotmail.co.uk FAO PAULINE TREUHERZ or ALISON DYSON

The group will meet on Wednesday 21st May at 1015. Details have been sent to those who registered an interest. For further information please contact Pauline or Alison.

#### CHAIR-BASED EXERCISE: u3abolton@hotmail.co.uk FAO JEANNE

This is a class to build up strength and balance, not much is done sitting on a chair. Meetings will be held on Mondays 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup> June at 1600 for 1 hour at Harwood Methodist Church (old building), Longsight Lane, Harwood, Bolton BL2 3JP. New members welcome. Free parking in the church car park. Great music and a good chat. See the video on www.bolton u3a.org.uk/Groups-in-Action.

#### CINEMA GROUP: u3abolton@hotmail.co.uk FAO CHRIS & DUNCAN MACPHERSON

The next cinema group meeting will be on Thursday 26th June at the Light Cinema in Bolton. Details of the film chosen and time to meet will be emailed to members the weekend before. New members wishing to join us please contact Duncan to be included in the email list.

# CLASSICAL CIVILISATION (GREECE AND ROME): u3abolton@hotmail.co.uk FAO PAUL DYSON

The meeting will be on Thursday 12th June at 1030 at The Hub. This month's topic will be 'The Classical Heritage'. We will explore the enduring influence of the ancient Greco-Roman world on later cultures through art, literature, philosophy, architecture, and legal and political systems.

#### **CLUELESS AT CLAREMONT: STEVE BROWN**

The next meetings will be on Wednesday 25th June at 1400 at Claremont Church, St George's Road. This is the second branch quiz group, open to all members, including existing members of Mike's group. Another chance to engage in fiendish questions with a bit of fun. New members welcome.

Those planning to attend are asked to let Steve know in order to inform refreshment needs. Please email u3abolton@hotmail.co.uk FAO Steve Brown

#### COFFEE AND CHAT: u3abolton@hotmail.co.uk FAO DUNCAN MACPHERSON

These meetings are held in 5 different venues across Bolton and are an excellent way to meet and chat with other members in a friendly and informal setting.

**Olympus** restaurant on Tuesdays 3rd and 17th June. Everyone welcome.

**Egerton** at the Globe Café on Tuesday 10th June from 1030.

Some members stay for an optional early lunch/brunch.

**Heaton** at The Coffee Shop, New Hall Lane, Heaton on Tuesday 10th June from 1030. **Harwood** at the cafe at Harwood Methodist Church on Thursdays 5th **June** 

and 3rd July from 1030. No meeting in August.

Everyone welcome, there is a big car park behind the church.

Westhoughton at The Hub on Central Drive on Friday 13 June at 1030.

# CROWN GREEN BOWLING GROUP: u3abolton@hotmail.co.uk FAO MICHAEL HAWORTH

The 2025 Season starts on Monday 7th April at 1400 at Bradshaw Bowling Club Green and will meet there every Monday afternoon throughout the Season.

#### CRYPTIC CROSSWORDS: u3abolton@hotmail.co.uk FAO EAMONN KELLY

**Group One** will meet on Fridays 6th and 20th June at 1400 at Olympus restaurant in Bolton town centre at 1400.

This group has learnt all the basics of how to solve cryptic crosswords and completes two moderately difficult crosswords in each session.

Bolton U3A

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#### Newsletter published in May with details of activities in June 2025

**Group Two** will meet on Tuesdays 3rd and 17th June at 1400 at Waterstones café, 32-36 Deansgate, Bolton BL1 1BL at 1400.

This group has learnt the basics of how to solve cryptic crosswords, is now learning about more challenging clues, and also completes two crosswords in each session.

# **DIGITAL PHOTOGRAPHY:** u3abolton@hotmail.co.uk **FAO JANET THATCHER** Please contact Janet for further details.

#### DINING GROUP: u3abolton@hotmail.co.uk FAO CHRIS DRUCK

The Dining Group is meeting on Thursday 12th June at Baci's Italian restaurant in Harwood. The restaurant has a large car park. It is not open at lunch time so the meal will be booked for 1830. Please let Chris know by Friday 6th June if you plan to attend

# FAMILY HISTORY GROUP: EAMONN & JEANNE KELLY chairman@boltonu3a.org.uk

No meeting in June as Eamonn & Jeanne are away but if you would like help contact Eamonn. Usually we meet in the Local History section in Bolton Central Library. We use the Council's free edition of Ancestry, pairing an experienced Ancestry user with a novice to help the novice uncover their own family history. New members welcome.

#### HISTORY GROUP: TONY SETTLE tony.settle@hotmail.com

Thursday 19th June from 1030-1230 at The Hub.

Topic - Charles I - his rule up to the start of the civil war and the part he plays as a cause of the English Civil War.

#### LANGUAGE AND COMMUNICATION: u3abolton@hotmail.co.uk FAO WIN CONWAY

The next meeting will be on Friday 27th June at 1030 at the Hub.

The topic will be the various ways language is used in shops, supermarkets, restaurants and on posters.to advertise food.

Join us if you fancy it - no need to phone, just turn up.

#### LOOKING AT LIFE IN OTHER COUNTRIES (INTERNATIONAL STUDIES):

u3abolton@hotmail.co.uk FAO BRIAN JONES We have decided to amend the name of the group to International Studies/Looking at Life in Other Countries The next meeting is Monday 2nd June at 1400 at the Hub.

It is over 50 years since President Idi Amin ordered the expulsion of all Asians from Uganda. Just over 28,000 men, women and children came to the UK, making them one of the largest groups of displaced people to enter the country at that time.

How did life in Uganda change as a result, and what is it like now?



Marking the 50th anniversary of the arrival of Ugandan Asians in Britain (2022) - The National Archives

This is the topic for the group, with a presentation and discussion. Will you be

persuaded to join the growing number of tourists travelling to the Pearl of Africa?

#### MAH JONG: u3abolton@hotmail.co.uk FAO CHRIS DRUCK

The next meeting will be on Monday 16th June from 1030-1200 at the Hub. New players and beginners always welcome. Please contact Chris for more information.

#### MATHS GROUP: u3abolton@hotmail.co.uk FAO PAT TODD

We shall meet on Friday 20th June at 1330 at the Hub. Our topic will be concentrated on percentages and their use in everyday life.

I look forward to seeing you there. New members welcome.

### MUSIC APPRECIATION: u3abolton@hotmail.co.uk FAO WIN CONWAY

Monday 9th June at 1030 at the Hub when we shall continue listening to 'The Enigma Variations,' and completing the summary of Elgar's Achievements.

The group is open to new members, and does not need any prior knowledge of music or about music. It is simply an opportunity to sit and listen to the interesting details of the life of a genius, and all the great composers are that, and to hear some of the wonderful works they produced. No need to phone, there is always room for a new person.

#### PHILOSOPHY: u3abolton@hotmail.co.uk FAO CAROLE COLLINS

The group will meet on Tuesday 24th June at 1400 at the Hub.

The topic will be 'The Philosophy of Music', which will include the ideas of Kant, Schopenhauer, Hegel, Nietzsche, Wittgenstein, Suzanne Langer, Deryck Cooke and Theodore Adorno. There will be no meetings in July and August.

#### POETRY FOR PLEASURE: u3abolton@hotmail.co.uk FAO EILEEN LORD

The next meeting of the poetry group will be on Thursday 19th June from 1330-1515 at the Hub. The topic for the meeting is: Poetry of the New Elizabethan era.

#### Newsletter published in May with details of activities in June 2025

This period saw a shift from more traditional forms and themes to a wider range of styles and subjects, reflecting the changing social and cultural landscape. Poetry for All made an appearance too, most recently exemplified by entries on YouTube. Plenty to choose, then, from books or other media!

We have space for 3 new members. If you would like to come, please email u3abolton@hotmail.co.uk FAO Eileen

#### PSYCHOLOGY: u3abolton@hotmail.co.uk FAO STEVE BROWN

Tuesday 3rd June at 1400 at The Hub. Our discussion will be: 'Old dogs can learn new tricks'. Come and find out how.

#### QUIZ GROUP: u3abolton@hotmail.co.uk FAO MIKE HAWORTH

The next meeting will be on Friday 13th June at 1330 at the Hub when the Question Master will be Tony. This group is now able to accept new members should anyone like to try their hand at this activity.

#### READING GROUP: u3abolton@hotmail.co.uk FAO ANNIE JONES

The group will meet on Thursdays 19th June at 1030 on Zoom – the meeting normally lasts about an hour. We will discuss The List of Suspicious Things by Jennie Godfrey. Our other books for the year are listed below. New members welcome, if you would like to join us, please contact Annie.

Date	Author	Title
19/06/2025	Jennie Godfrey	The List of Suspicious Things
17/07/2025	Ta-Nehisi Coates	The Water Dancer
21/08/2025	Rory Stewart	The Places In Between
18/09/2025	Sandra Newman	Julia: 1984
16/10/2025	Pat Barker	The Voyage Home
20/11/2025	Kate Atkinson	Death At The Sign of The Rook
18/12/2026	Jessie Burton	The House of Fortune

#### RUMMIKUB: u3abolton@hotmail.co.uk FAO NELLIE PLATT or TONY SETTLE

The next meeting will be on Monday 16h June from 1030-1200 at the Hub. New players always welcome, no previous knowledge of games required.

#### SCRABBLE: u3abolton@hotmail.co.uk FAO NELLIE PLATT or TONY SETTLE

The next meeting will be on Monday 16h June from 1030-1200 at the Hub. New players always welcome,

#### SINGING FOR PLEASURE: u3abolton@hotmail.co.uk FAO PAUL DYSON

The group will gather on Friday 6th June and Friday 20th June at 1030 in the Seminar Room at Claremont Church, St George's Road under our Musical Director, Win Conway.

We welcome new members in all voices (Alto, Bass, Soprano, Tenor) who want to enjoy singing with others. Claremont Church is an excellent central venue, on bus routes 125, 501 and 575 about a 5-minute ride from the Interchange. There is ample car parking at NCP Topp Way a short walk from the church.

#### TABLE TENNIS: u3abolton@hotmail.co.uk FAO CHRISTINE HART

The group meets on the second and fourth Fridays of each month and the next meetings are on Fridays 13th and 27th June from 1030-1230 at Triangle Annex, New Church Road, Bolton, BL1 5QP. For Sat Nav use: BL1 5SH. Free car parking at Doffcocker Lodge behind the annexe. There are nearby bus stops on the 501 and 125 routes, if travelling by bus. You can come at any time during the meeting times. It is a very social activity with a bit of 'exercise' thrown in. It doesn't matter if you've never played before just come and give it a try. You can play as much, or as little during the session, taking a break whenever it suits you. Some members finish the session with a light lunch at the methodist cafe just across the road. New members welcome. Please contact Christine Hart if you are interested in joining this group.

# TEXTILE ARTS (Formerly PATCHWORK AND QUILTING): u3abolton@hotmail.co.uk FAO PAULINE TREUHERZ

The next meeting is on Thursday 5th June at 1030 at Bank Top URC, Ashworth Lane, Bolton, BL1 8RX. We will be working on a range of embroidery stitches and applique with the aim of making a decorative product using those skills. Bring your own project or join in with the group activity.

#### TOPICAL SCIENCE: u3abolton@hotmail.co.uk FAO ROSEMARY ASHWORTH

The next meeting will be on Monday 16th June at 1400 at the Hub.

Topics: To include: Recent Work on Micro-organisms and tiny Viroids.

Science in the news this month - do feel free to bring along any items that No specialist knowledge needed - just an enthusiastic enquiring mind!

All are very welcome - just come along!

#### TRIPS AND OUTINGS: JULIE BEAMAN

There are no trips planned at the moment.

### **Bolton U3A Monthly Meetings**

The next meeting is on Friday **23rd May** at 1400 at St Andrew & St George United Reform Church, St George's Road, Bolton, BL1 2BS.

Doors open at 1330pm and the cost for u3a members is £2. Visitors for an entry fee of £3 are welcome to attend two talks and need to sign in and pay at the door.



Carol Dean, Speaker secretary

The talk "Wakes Weeks and Holidays in Blackpool", based upon Mass Observation's 1937 survey of Boltonians on their holidays in Blackpool, will be given by Professor Robert Snape and Sandra Nichol.

If Bolton was "Worktown" then Blackpool was "Holiday Town". There is some intrigue though: Was mass observation scientific and ethical? Would it be allowed today?

Come along and listen to Robert Spane and

Come along and listen to Robert Snape and form your own opinion.

Blackpool 1937

### **SPEAKERS for 2025**

27 <sup>th</sup> June 2025	Singing for pleasure choir.	Paul Dyson.
		Win Conway (musical dir.)
25 <sup>th</sup> July 2025	My Career with Lancashire	Mahmood (Mebs) Ahmed
	Constabulary	
22 August 2025	Barrow to Baghdad	Philip Caine
26 <sup>th</sup> September 2025	Blame it on the Beatles	John Winter
24 <sup>th</sup> October 2025	The Magic of the Musicals!	Marilyn Shalks

Committee Members				
Chair	Jeanne Kelly	chairman@boltonu3a.org.uk jeanne@jmkmarketing.co.uk		
Vice Chair	Steve Brown	vicechair@boltonu3a.org.uk		
Business Secretary	Carol Dean	secretary@boltonu3a.org.uk.		
Treasurer	Mark Pillar	treasurer@boltonu3a.org.uk		
Group Leaders' Coordinator	Steve Brown	groupscoordinator@boltonu3a.org.uk		
Newsletter Editor	Pauline Treuherz	news@boltonu3a.org.uk		
Membership Secretary	Helen Yeldon	u3abolton@hotmail.co.uk		
Publicity Manager	Kathryn Chatwin	publicity@boltonu3a.org.uk		
Website Manager	Maggy Simms	venuescoordinator@boltonu3a.org.uk		
Venues Coordinator	Maggy Simms	venuescoordinator@boltonu3a.org.uk		

### **Bolton U3A Meeting Venues**

To help new members find their way around the myriad of locations used for group meetings the addresses of all the venues used by the Bolton u3a are given below.

VENUE	BRANCH GROUPS AND EVENTS
	TEXTILE ARTS
BANK TOP URC, ASHWORTH LANE, BOLTON, BL1 8RX	TEXTILE ARTS
BOLTON CENTRAL LIBRARY	FAMILY HISTORY
BRADSHAW BOWLING CLUB, THE RIGBYS, BOLTON, BL2 3EU	CROWN GREEN BOWLS
CVS, THE BOLTON HUB,	CLASSIC CIVILISATIONS HISTORY
BOLD STREET,	INTERNATIONAL STUDIES
BOLTON, BL1 1LS	LANGUAGE & COMMUNICATION MAH JONG
	MATHS MUSIC APPRECIATION
	PHILOSOPHY POETRY FOR PLEASURE
	PSYCHOLOGY QUIZ GROUP
	RUMMIKUB SCRABBLE
	TOPICAL SCIENCE
CLAREMONT CHURCH,	CLUELESS AT CLAREMONT QUIZ
ST GEORGES ROAD,	SINGING FOR PLEASURE
BOLTON, BL1 2BY	
THE COFFEE SHOP,	HEATON COFFEE AND CHAT
NEW HALL LANE,	
HEATON, BOLTON, BL1 5LW	
THE GLOBE CAFÉ,	EGERTON COFFEE AND CHAT
273 BLACKBURN ROAD,	
BOLTON, BL7 9SN	
THE HUB AT WESTHOUGHTON	WESTHOUGHTON COFFEE AND CHAT
CENTRAL DRIVE, BOLTON BL5 3DS	OLIAID BAOED EVEDOIOE
HARWOOD METHODIST CHURCH	CHAIR BASED EXERCISE HARWOOD COFFEE AND CHAT
LONGSIGHT LANE, BOLTON BL2 3JP	
THE HIVE COMMUNITY WORKSHOP	ARTS AND CRAFTS
AREA, UPPER GROUND FLOOR,	
MARKET PLACE SHOPPING	
CENTRE, BOLTON, BL1 2AL	CINEMA GROUP
THE LIGHT, MARKET PLACE SHOPPING	CINEWA GROUP
CENTRE, BOLTON, BL1 2AL	
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#### Newsletter published in May with details of activities in June 2025

OLYMPUS RESTAURANT, 35-41 GREAT MOOR STREET,	CRYPTIC CROSSWORDS 1 OLYMPUS COFFEE AND CHAT
BOLTON,	WELCOME MEETINGS
BL1 1SW	
THE TRIANGLE ANNEXE,	TABLE TENNIS
NEW CHURCH ROAD,	
BOLTON, BL1 5QP	
URC OF ST ANDREW AND ST	BRIDGE
GEORGE, ST GEORGES ROAD,	MONTHLY BRANCH MEETING
BOLTON, BL1 2BS	
VARIOUS VENUES ANNOUNCED	BEE LINE TRAVEL
IN MONTHLY NEWSLETTER	DINING CLUB
	WALKING GROUPS
WATERSTONES' CAFE,	CRYPTIC CROSSWORDS 2
32-36 DEANSGATE, BOLTON,	VARIOUS 'POP-UP' MEETINGS
BL1 1BL	
ZOOM MEETINGS	ARCHAEOLOGY
	READING

### Help us to stay informed

If you know of a member who has been ill, or is recently deceased, please inform the relevant group leader so that the information can be circulated appropriately. Please leave a phone number if you want a group leader to respond to a phone message.

### **Groups and activities**

We are always happy to support new groups and activities.

E-mail: groupscoordinator@boltonu3a.org.uk

Visit our website: www.boltonu3a.org.uk

#### **Newsletter items**

Please send contributions to <a href="mailto:news@boltonu3a.org.uk">news@boltonu3a.org.uk</a>
Deadline for inclusion in the next newsletter is <a href="mailto:Wednesday">Wednesday</a> 18th June.

Visit our website: www.boltonu3a.org.uk